




# Griff The Eagle Activity Sheet

"Griff the Eagle" encourages children to learn about the interconnection and the pure wonder of the world they live in and how they fit into a bigger picture of life. These activities have been designed to explore different aspects of the C2 Intelligence Centre.

You may need to offer encouragement to your child to help them complete the activities. Praise their efforts and be patient as they may need to work out their responses and how they are feeling. If they don't feel like doing an activity then you can come back to it another day.



It is a good idea for you and your child to complete the activities together so then you will both be on a learning journey. To help your child do the activities, remember to share how you are feeling and thinking while you are doing them.

When you see this symbol  explore with your child how they think, how they feel and how their body responds, in relation to the activity.


We trust you and your children will find this journey as rewarding as we have!

## Griff The Eagle Activities:


### Page 1

1. Look high into the trees for a bird's nest. Imagine what their view would be like. 
2. Look at or imagine a view of a high mountain. Imagine what might be on top of it. 


### Page 2

3. Sit somewhere high and gaze out at the clouds. How does this feel for you? 
4. When you go for a ride in the car you may view the beach, the mountains, a field of flowers or many other views. Take some time to think about what you see when you go outside and then talk about your favourite view.

### Page 3

5. What would you like to do when you grow up? 
6. How do you think you would feel if you did that when you grew up?

### Page 4

7. If you could fly high above the earth, what do you think you might be able to see?
8. If you were high above the earth, how would you feel? 
9. Think about the birds that live near you. Where do you think they go in different seasons?


### Page 5

10. Find a map and look for a river near you and follow its path to the sea.




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## Page 6

11. Go somewhere where you can sit and look at the horizon. *Talk about what might be over the horizon.*
12. Where do you think the edge of the earth is for you? 


## Page 7

13. Look up to the sky and see if you can spot any birds flying in the sky. Watch the path of the bird for as long as you can see it. 
14. Have you ever been on a plane before or high up a tree? Tell me about looking at everything below you.


## Page 8

15. Lie down and look up into the clouds and see what shapes you can make out of them. 
16. What do you think heaven would feel like for you? 


## Page 9

17. Go outside at night and look up at the stars – what can you see? 
18. Look for the moon and work out what track it will take over the sky for the night. In the morning look to see if the moon is still out.

## Page 10

19. If you could make the most perfect heaven just for you, what would it be like?
20. What can you sense about the world around you? 


## Page 11

21. What do you appreciate most about the world you live in? 
22. What do you feel might be possible for you to do now? What do you think might be possible for you to do in the future?






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## Page 12

23. What potential can you see in other people you know? 
24. Can you imagine what the future might be like for you? 
25. Do you know someone who tells you about your potential? 
26. *Talk about how everyone is different in their own way, yet we all have our own gifts to offer. Talk about some gifts we and others have to offer?*

## Page 13

27. What do you feel your special gifts are? 
28. What dreams do you have?

We trust you and your children are finding this journey as rewarding as we have!